



# ALLEMAN NEWSLETTER

September 2011

*From the Principal's Desk*

## **MILITARY REQUEST FOR STUDENT DIRECTORY INFORMATION**

The No Child Left Behind Act requires that all schools which receive some federal funding furnish the military, upon request, student directory information. (i.e., name, address, phone) for every junior and senior in the school. Parents may override the requirement, but must do so in writing. If you do not want your junior or senior student's directory information on the list which we may release to the military, you must sign and return the override form which was in the back to school mailing. More forms are available in the Main Office. All forms should be returned by September 15th.

## **OPEN HOUSE**

Right now, before you get distracted again by the children, please put "Open House," August 31<sup>st</sup> on your calendar. Enclosed is a schedule which your student must fill out for you so that you know exactly where you are going for each period. Remembering to bring the schedule makes your evening run much more smoothly. We are looking forward to seeing you starting at 6 p.m. in the Performing Arts Center. Meet teachers and learn about the materials and content of each of your student's classes. There's lots going on and you want to know all about it!

I will present an overview of Alleman's Safe Environment Program and Fr. Steven Loftus, Chaplain, will also say a few words.

## **IN THE NATIONAL HONOR SOCIETY (NHS)? WANTING TO BE?**

If you are the parent of a student who aspires to be a member of NHS or who is already a member, please encourage your student to be familiar with one of the documents forwarded to all families in the back-to-school mailing. That document is "*73 Ways to Demonstrate Leadership & Character*". Another copy can always be obtained from Mrs. Miner or Mr. Boudro, the NHS Advisors.

## **HAVE FUN DURING HOMECOMING WEEK, but.....**

September 19<sup>th</sup> through the 24<sup>th</sup> is Homecoming week. Parents, won't you please join with us to reinforce responsible behavior during that week. There are some students among us who need to be reminded that fun during homecoming is not measured in rolls of toilet tissue or mounds of shave cream. For the past few autumns, the Athletic Director and I have been cautioning students about after-hours hijinks and their consequences. A copy of our message is enclosed. Please help us to convince students to act with dignity and to respect the property of others.

## **NEW STUDENT FORMS ?? WHAT FORMS?**

After the flurry of activities associated with the beginning of school, it is time for our office staff to file all appropriate signature cards and consent forms. If you have not returned required forms to us, you must do so immediately. The forms which must be returned at the opening of school are: **1) Technology Acceptable Use Policy, 2) Drug Screening Consent form for parent & student, 3) Parent signature card, 4) Parent Volunteer Contract, 5) Christian Service Program, 6) Publicity Form, 7) Cell Phone Policy.**

## **SPEECH TEAM MODERATOR AND STUDENT PARTICIPANTS SEEKING EACH OTHER!**

Two years ago we had no speech team coach. Last year, someone was ready to step into the role, but too few students expressed interest in participating. If you have any experience in speech, drama or debate and might be interested in coaching the speech team, please contact Colin Letendre soon. We can then determine the level of interest among our students and move forward from there.

## **ALLEMAN WEB SITE**

Don't forget to check out the Alleman website for information, updates, schedules, and more. Class assignments and email addresses for the teachers are posted on RenWeb. .

## **A DATE FOR THE HOMECOMING DANCE**

Alleman Homecoming is a high school event. Students in the ninth grade and above may attend the dance if they are Alleman students or if they are being escorted on a date by an Alleman student. If an Alleman student wants to bring a student from outside Alleman to our Homecoming dance, a special guest form must be obtained by our student, signed by the Alleman parent and approved by our administration and the administration of the school which the guest attends. Forms are available in the Main Office, and must be completed and returned by the Wednesday before the dance. Please respect that deadline.

## **IMMUNIZATION RECORDS AND STATE LAW**

Alleman High School must comply with state health guidelines for schools. If you receive a letter or phone call from Mrs. Lonnie Brandi, our school nurse, please respond promptly. She must be able to guarantee that your student's immunization record (and other specific health information) is up to date and on file at Alleman. Thank you for your cooperation.

## **MUCH MORE THAN JUST "HOW WAS YOUR DAY?"**

You have probably all seen the "Zits" cartoon in which Jeremy's Mom asks: "How was your day at school?" Several consecutive cartoon panels then show the word "compressing" in the voice balloons and in the last panel Jeremy's reply has come down to one word: "Fine." Yes, you know sometimes it's very hard to get much out of our high school age children. Still, that doesn't mean we can't keep asking or that we can't introduce topics of family discussion about school matters. One important discussion to have would be academic integrity in everything from writing original research papers to doing your own homework. (No copying from others, please!) If one is really brave, one could consider challenging family members to find examples of math/science around the house. Furthermore, given that one part of our Catholic school mission is to foster love and mutual respect among students, you might initiate a great conversation by periodically asking what your student contributed that day to making Alleman a friendly, helpful and welcoming place to study and learn.

## **ATHLETIC TEAM GRADE POINT AVERAGES**

The Illinois High School Association recognizes the academic efforts of sports teams in member schools. In 2009-2010, fifteen of seventeen Alleman athletic teams managed a team average GPA of 3.0 or above during their entire sport season. In 2010-2011 we improved our record to a perfect seventeen out of seventeen. Congratulations to our student athletes. A plaque with each of the team names is on display outside the Athletic Office.

## ROCK ISLAND VICARIATE CATHOLIC SCHOOLS BOARD OF TRUSTEES

The 2010-2011 school year was the first year of operation for the Board of Trustees of the RI Vicariate Catholic Schools. The trustees gathered for four meetings of the whole and for a retreat day in late October 2010. Four standing committees met regularly in the intervals between the meetings of the whole. The committees and some things they are working on now are:

*Finance:* Crafting—in conjunction with school business managers—a five year budget projection for each of our schools.

*Programs:* Preparing for a review of school testing programs and review/update of faculty/staff handbooks.

*Buildings & Grounds:* Deeply involved in feasibility study and planning for changes at Our Lady of Grace Catholic Academy and in construction/renovation at Jordan.

*PR/Marketing/Development:* Setting goals for 11-12, fostering ongoing collaboration for Catholic Schools Week promotions, and looking forward to plugging into opportunities in marketing and development coming from the Office of Catholic Schools.

There is a group of talented, motivated, and experienced trustees working for our schools and our Catholic community. Trustees are: Chairman Mr. John (Jack) Kearney, Mr. Stan Banaszek, Dr. Edward Connolly, Mr. Jim Harl, Mr. Steve Kautz, Mrs. Sheilah Keeven, Mrs. Cynthia Keimig, Mr. John Marx, Mr. David Mills, Mr. Tim Murphy, Mr. Robert Noe, Dr. Gerald O'Keeffe, Dr. Susan Rector, Mrs. Jennifer Rowe, Mr. Paul Salabert, Mrs. Debbie Schwiebert, Mr. Anthony Scott, Mr. Thomas Showalter. Vicariate priests serving as trustees are Msgr. Dale Wellman and Fr. Tony Ego. A replacement for Fr. Keith Walder has yet to be named.

## MISSING PHYSICALS

If your student is an incoming freshman or a new student who has not met the Illinois State Board of Education requirements regarding physicals and immunizations, PLEASE DO SO NOW!!!

Please make certain that family history is completed and the form is signed.

If you need to contact the nurse - e-mail is the best way at [lbrandi@allemanhighschool.org](mailto:lbrandi@allemanhighschool.org) or call the school at 786-7793.

## MEDICATION POLICY REVIEW

- All medications, both prescription and non-prescription are required to be stored in the main office.
- Written orders must be provided to the school from the doctor, giving the name of the medication, the dosage and the times it is to be taken.
- Medications must be labeled properly with student's name, the medication dosage and interval of administration. Prescription medications must also have the name of the prescribing physician. Non-prescription medications must be in the original containers and labeled as above.
- A Request For the Administration of Medicine or Treatments at School form for both **prescription and non-prescription medications, signed and dated by both the physician and parent/guardian** must be provided to the school.
- **The Medication Request Form Must Be Renewed Annually.** Medications will not be dispensed unless a new form is completed.
- In the event that a physician or parent requests that a student carry medication (such as an inhaler) on their person at all times to use "as needed", a Waiver of Responsibility form must be signed by parent/guardian and on file at Alleman.
- **The only medications students are allowed to carry are inhalers and EpiPens provided they have the afore mentioned "Waiver" on file in the nurses office.**

## *News from around the School*

### **REN WEB**

RenWeb's ParentsWeb is a private and secure parents' portal that will allow parents to view academic information specific to their children, while protecting their children's information from others. You can see your child's grades, attendance, and homework, as well as other useful school information. You can also communicate with teachers and other school staff online whenever necessary. All you need is an internet-capable computer.

In order to setup your access ability, we need you to provide us with the email address that you would like to use. Each parent can have a login account as well as the student. If you have more than one student at Alleman, you will be able to see both children when you login. When the student logs in using their account, they will only be able to see their information - not that of their sibling. If you have more than one student, they will each need their own email address. Once we have your email address, you will be able to login for the first time to create your account. RenWeb will send you a link which will allow you to create a user name and password. Instructions and the link to login may be found at [www.allemanhighschool.org](http://www.allemanhighschool.org), click on Academics. If you have not sent us your email address, you may email it to [allemanhs@mchsi.com](mailto:allemanhs@mchsi.com).

### **CELL PHONES IN SCHOOL**

Just a reminder to students and parents about the policy regarding cell phones in school. Cell phones should not be seen or heard during the school day. Cell phones should be turned off when entering the building and not turned on again until school is dismissed for the day. Cell phones causing a disturbance during the school day will be turned in to the Main Office and may be picked up by the student after school. Students who use their cell phone during the school day (if it is out it is interpreted as using it) will have it turned in to the Main Office and a parent will need to pick it up. A second violation of using the cell phone during school results in the phone being taken away and may be returned only after a parent and student meeting with the Principal (Alleman Student/Parent Handbook p. 47). If a parent needs to contact a student during the school day, please call the Main Office and a message will be delivered.

## *News from the Athletic Director*

Our Alleman website ([www.allemanhighschool.org](http://www.allemanhighschool.org)) continues to improve with each school year. Under Athletics you can access Directions, Physical & Insurance Waiver forms, Transportation Schedules, Coaches Directory, Athletic Schedules, WB6 Conference records, and more.

We'd like to introduce our 2011 Hall of Fame class...Olie Johnson, '79 (wrestling), Karen Marie Pena, '00 (softball), Nick Hird, '02 (cross country & track), Robert Barlow, '05 (football & wrestling), and our Honorary inductee the 1986 Football team (4A State Runner-Up). Introductions of our new class will be Friday, September 2nd during halftime of our varsity football game with the formal induction ceremony immediately following the game in the school cafeteria.

Our Athletic Department is here to help so don't hesitate to contact us. Have a great year!

### *Booster Club News*

The Booster Club would really appreciate all Alleman families becoming a member. Whether the parent of a student athlete or just a fan of Pioneer athletics, your membership will help provide needed funding for our programs. Your membership and participation in the various activities throughout the year will help Alleman continue to offer quality extra-curricular activities to our students.

Membership is \$20.00 per family and forms can be picked up at school or found on the website.

If you would like to volunteer to help with any of the events throughout the year, please contact Jim or Cindy Schoeck at 756-0345. Thank you in advance for your support of the Alleman Booster Club!

**9/2 Hall of Fame mixer after game in the cafeteria**

**9/14 Booster Club Mtg—7:00 p.m. in the cafeteria**

## *From The Development Office*

### *Working Together for Our Students*

The Development Office will be working hard all year to raise additional funds for Alleman High School through various activities. You can help by supporting the following efforts or by attending the following events:

- *2012 Pioneer Calendar Sale* – All proceeds benefit tuition assistance. This is the only fundraiser in which we ask our students to participate. The cost of educating a student at Alleman is \$6100 a year, compared to the \$3700 each student pays. Please support this important fundraiser, so we can continue to keep our tuition costs at a reasonable rate. Students will receive their calendars in October. If you wish to sell more than five calendars, your student should contact the Development Office. You have been a great help to me.
- *Annual Holiday Luncheon* – November 14 at The Abbey Station – All proceeds benefit tuition assistance. Seating is limited, so if you would like an invitation, call the Development Office at 786-8661.
- *All Souls Memorial* – Remember your loved ones at a daily Alleman mass. Mass cards will be mailed in October and Mass will be offered the month of November.
- *Year-End Appeal* – Your generosity, again this year, will be appreciated as we raise funds for more capital projects including a new floor, and lighting in the cafeteria, new exterior door to the chapel, and new fluorescent lights in the building. Please come and see our beautiful new chapel that was renovated this summer because of the generosity of our alumni and friends.
- *Dream House 2012* - Only 3500 shares sold, with a 1 in 140 chance of winning a prize – including the grand prize a cool quarter of a million dollars - \$250,000! Shares will be available beginning September 10. We will have Early Bird drawings October through February, with a total of 24 cash prizes. Your odds are 1 in 140 to win a cash prize.
- *2012 Heritage Ball* – March 31, 2012 at the I-Wireless Center. Plan to join us as it is a fun and most enjoyable evening.

More specific information about these and other activities will be included in future Parent Newsletters.

I look forward to working hard with our Alleman community to make the 2011-2012 school year very rewarding for all of our students.

God Bless,  
Fr. Mirabelli

*In all things Christ is preeminent at Alleman Catholic High School. This is due to you - because of your love of Alleman.*

## *Information from the Yearbook Staff*

### **SENIOR PICTURES**

All senior pictures for yearbook must be taken at Brian Westin Studio. Please call 762-3326 for an appointment. A reminder to senior students that the proper dress code for these pictures is as follows: Deadline is December 16, 2011.

Gentlemen:	Formal wear	Ladies: Formal wear
	You must wear a tie—No sweater	No sweaters—Shoulders covered
	No earrings	No low cut front on dress
	Appropriate hair cut	Earrings—max. 2 in each ear

### **SENIOR PARENTS**

If you would like to include a baby picture with a short message to your graduating senior to be published in this year's Year Book, here is the offer. Please submit an inexpensive photo (no larger than 4x6) with a personal message and \$50.00. You may pay with check or cash. Checks should be made payable to Alleman Yearbook.

Please submit all to Sister Ruth through the Main Office. Deadline for this offer is December 16, 2011.

## ***Counseling Department News***

### ***Counselors Are Here To Help***

School is underway and things begin moving very quickly. Before you know it situations can happen, questions can be raised and answers or remedies are needed. The Alleman Counseling Department is here to help you with your questions, issues, problems, advice. The offices are located on the second floor at the far-east end. Mrs. Kathy Miller is the Counseling Assistant. She is the person you will first meet as you come in and will direct you to the proper counselor for assistance. Mrs. Lynn VanDeHeede is the Counseling Supervisor and works with the students whose names begin with M through Z. Deacon Tim Granet is the counselor who works with students whose names begin with A through L.

Students can come to see their counselor before school, after school, or during their study hall period. During the school day, the student will need to get a pass either from the Counseling Office or from their teacher before coming down to the Counseling Offices. Parents are free to call (309-786-7793) with question and concerns. If you wish to meet with the counselor, it is best to set up an appointment to ensure the counselor is available when you arrive. You can also email your student's counselor.

Mrs. VanDeHeede email at [lvandeheede@allemanhighschool.org](mailto:lvandeheede@allemanhighschool.org)  
Deacon Granet email [tgranet@allemanhighschool.org](mailto:tgranet@allemanhighschool.org)

As always, confidentiality is maintained except in situations in which someone is or may be harmed in anyway. By working together as a team, we hope to achieve the greatest benefit for success of the students. Please feel free to contact us.

Visit the Counseling Website often at [www.allemanhighschool.org](http://www.allemanhighschool.org) – click on “Academics” and then “Counseling” and finally, “Counseling Website”. College Representative visits are posted by month, College Scholarships are also updated as they are received at Alleman along with information on various activities and information concerning the Counseling Office.

### ***ATTENTION ALL ALLEMAN PARENTS***

#### **College Information night for ALL ALLEMAN PARENTS**

**Wednesday, September 28 – 7:00 p.m. – Alleman Performing Fine Arts Center**

#### ***“It is never too early to start planning for College”***

“College Night” is open to all Freshmen, Sophomores, Juniors and Seniors & their Parents. This evening will be filled with important information from various individuals helping you prepare your son/daughter for College. Not only will the Alleman Counselors help answer many of your questions about College, but Mrs. Plasschaert will be talking about the role the Senior English class will play in helping prepare the students for college. We will also have speakers from local colleges to answer questions and inform you about college entrance, scholarships, financial aid, etc. Samantha Pelky from ISAC (Illinois Student Assistance Committee) will also speak about how to make college affordable and be available for questions as well.

## ***ACT HELPS PARENTS PREPARE FOR COLLEGE TOO***

### **actparent.org and actstudent.org**

These are two very helpful websites available to you free of charge. Besides all the information about the ACT assessments, dates for tests, career information, etc. these websites contain a spectrum of other information. For example the site for parents contains a monthly newsletter. The August 2008 newsletter provided articles on Tools for exploring college majors and careers, Top in-demand college majors, Homework 101, Partnering with teachers and counselors and a checklist for college planning. You can also access back issues of these newsletters. The student site hosts a student blog and always provides the updated information on the ACT and online registration, online preparation and more. If you haven't visited these sites, it would be well worth your time to do so. For general information you can also log in at [www.act.org](http://www.act.org).

Research shows that parents are among the most influential people in a teenager's life. At <http://www.actparent.org>, gain the knowledge needed to further help your teen through this time of discovery and decisions.

## ***PROCEDURE FOR MISSING WORK DUE TO ABSENCE***

As the new school year begins and with the winter months approaching, we hope that all our students will keep healthy and able to attend school daily. However, in a case where a student is ill, please know that we will do anything possible to help that student get back on track. The procedure that we follow is:

- **Students can check on the Web Site at [www.allemanhighschool.org](http://www.allemanhighschool.org), click on "Academics" then "Assignments" and follow the directions how to log on to our new site, "RenWeb".**
- **For additional information on class procedures or assignments, you can contact a teacher directly through their individual e-mail.**
- **If a student is absent for three (3) or more consecutive days, a doctor's note is needed and you may contact the Counseling Office to see if extra work that is not on the web site can be gathered for your student.**

The following is stated in the Alleman handbook (page 18).

*Since students are ultimately responsible for their own learning, the following regulations are established:*

- *Students are responsible to keep current in study/reading assignments. This may involve contacting fellow classmates for missed assignments (notes, reading, etc.) when absent.*
- *Pre-announced tests are taken on the assigned date. Absence the day prior to the test does not excuse the student from taking the test.*
- *In cases of extended absence (more than one day), students will be allowed one day of make-up test time for each day's absence. All homework assignments follow the same time span.*

## ***SENIORS – BLACK HAWK COLLEGE Dual Credit Classes***

Anyone taking Dual Credit courses through Black Hawk College, when filling out your college application, it is important that you indicate on the application that you are attending the Dual Credit classes for High School and for College credit. The following are the codes that need to be used.

**Psychology 101**  
**History 252 – US History Since 1865**  
**Speech 101**  
**Music Appreciation 154**

When sending Transcripts to apply at Colleges you must obtain the Dual Credit Transcript directly from Black Hawk College.

## ***SIGMA NEWS***

### ***Homecoming***

***“Make Homecoming a night of smiles.....Make the Right Choices”***

SIGMA would like to remind everyone that Homecoming is truly a celebration. Therefore, we want to remind students and parents that police officers will be at the dance with a breathalyzer, and have the permission to administer breathalyzer tests throughout the evening and not just as the students enter the dance. Students that are administered the breathalyzer test and have a positive reading will receive the following consequences:

Have parents notified  
\$150 citation from the Rock Island Police Department  
5-day out of school suspension and  
1/3 of the season suspension from participation in athletics.

Our hope is for everyone to make the right choices by coming to the dance drug and alcohol free so that it can be a joyous and memorable time for all. SIGMA reminds everyone to rise above the influence!

### ***Sigma Alpha Delta***

We are proud to announce Tori Scarpinato as our 2011 president, Patrick Ewald as Vice-President & Kasey Fisher as Secretary for Alleman’s chapter of SADD -Sigma Alpha Delta (Students Against Destructive Decisions). The mission of Sigma is to *promote the message that students do have a choice to have fun without the use of drugs, alcohol or by degrading others through campaigns and events that offer students the choice of avoiding destructive behavior by having fun “above the influence!”* Students are notified of these events through announcements, posters and our bulletin board, located outside of the cafeteria.

This organization is open to all students at Alleman. In order to become a member, students must sign a pledge card stating that they will **abstain** from Destructive Decisions such as; bullying, drinking, drugs, smoking, etc., and turn in a completed pledge card with \$10 in dues. In exchange for their \$10 in dues they will receive *two* Younkers coupon books that each contain a \$10 coupon as well as other discounts in them. Students may then sell each of these coupon books for \$5 each, which would enable them to join our organization for free.

Our pledge campaign will be held during the week of September 6-September 9 at all lunches where students will be able to pick up a pledge form, complete it, have a committee chair sign it, and turn it in with their \$10 registration fee to become an active member.

Our first event will be a tailgate at the Alleman/Noble Street Charter game at the Augustana fields on Friday, Sept. 9, 2011. Look for our banner, “Pressure Free Zone,” and join us on the west end of the field for hotdogs, games and prizes.

Mrs. Lynn VandeHeede and Mrs. Jackie Phelps are moderators of Sigma that are looking forward to supporting our students to make the right choices and to have a memorable high school experience “above the influence.”